

## **LGBTQ+ Survivors' Rights**

Guidance for Survivors

## The New Jersey Coalition to End Domestic Violence

# DV harms specific to LGBTQ+ relationships beyond the DV power & control dynamics that may manifest in any relationship

- Outing your sexuality, gender ID, HIV/AIDS status
- Refusing to use your name and/or pronouns (intentionally misgendering), or calling you offensive pronouns ("it")
- o Attacking body parts that are related to your identity
- o Restricting your access to medicine (e.g., hormones, or PrEP/PEP) or health visits
- Doubting or questioning the validity of your sexuality (e.g., "you're straight and playing gay," etc.)

## What are my rights?

- $\circ$  Equal access to shelters, in accordance with how you self-identify your gender identity
  - Gender non-conforming/non-binary folks may utilize shelters
- In NJ, LGBTQ+ survivors are covered under our Prevention of Domestic Violence Act.
   This means that if you're in an abusive LGBTQ+ relationship, you have the same rights to seek the protection of a restraining order as a cisgender and/or heterosexual person

### Need help?

- the Network la Red 800-832-1901 (24 hours, bilingual)
  - confidential emotional support, information, referrals, safety planning, and crisis intervention for LGBTQ+ folks, as well as folks in kink and polyamorous communities, who are DV survivors
- Forge-forward.org (search for "safety planning" in the upper right search bar)
  - multiple safety planning resources for transgender survivors
- NJ Prism LGBTQIA Hotline 800-832-1901
  - NJ's first statewide information and referral hotline specifically geared to meet the needs of the LGBTQIA+ community. Compassionate staff ensure all calls are answered in a safe and affirming space.
- State DV Helpline (24 hours, bilingual) | Deaf Helpline
  - 800-572-7233 609-528-7216
- Your County's DV Service Provider
  - locate them at njcedv.org/programs/
    FOR MORE INFO OR TECHNICAL ASSISTANCE, VISIT NJCEDV.ORG
    OR CONTACT LEGAL@NJCEDV.ORG



## **LGBTQ+ Survivors' Rights**

**Guidance for Advocates** 

## The New Jersey Coalition to End Domestic Violence

# DV harms specific to LGBTQ+ relationships beyond the DV power & control dynamics that may manifest in any relationship

- Outing someone's sexuality, gender ID, HIV/AIDS status
- Refusing to use the other person's name and/or pronouns (intentionally misgendering), or calling the other person offensive pronouns (like "it")
- Attacking body parts that are related to someone's identity
- Doubting or questioning the validity of someone's sexuality (e.g., "you're straight and playing gay," etc.)

### What rights do LGBTQ+ domestic violence survivors have?

- **Equal access to shelters**, in accordance with one's gender identity. Gender non-conforming/non-binary folks may utilize shelters.
  - If the Dept. of Justice receives a complaint of discrimination on the basis of sex-segregation, the "onus will be on the VAWA recipient to articulate clearly why sex-segregation or sex-specific programming was necessary to its essential operations"
- **LGBTQ+ survivors are covered under N.J.'s Prevention of Domestic Violence Act.** This means that folks in abusive LGBTQ+ relationships have the same rights to seek the protection of a restraining order as cisgender and/or heterosexual people

#### Why this matters:

- o Gay and bisexual men experience IPV at rates comparable to heterosexual women
- o 50% of lesbians have experienced or will experience DV in their lifetimes
- Compared to cisgender individuals, transgender individuals are twice as likely to experience IPV
  - **Note:** Because of stigma and historical mistreatment by programs and law enforcement, LGBTQ+ folks have often opted to *not* report DV/SA. Therefore, the numbers quoted are low.

#### Need help?

- the Network la Red 800-832-1901 (24 hours, bilingual)
  - In addition to confidential support and referrals to LGBTQ+ DV survivors, offers information and support to friends, family, or co-workers on the issue of DV in LGBTQ+ communities
- Forge-forward.org (search for "safety planning" in the upper right search bar)
  - multiple resources/trainings for safety planning with transgender survivors