



## Teen Dating Violence - Ask Ava Podcast Scavenger Hunt

### **DIRECTIONS**

- 1) Listen to 3 short podcast episodes (click the links below or find the episodes here: [http://www.safe-sound.org/resource-center/learning-center/?\\_category=podcast](http://www.safe-sound.org/resource-center/learning-center/?_category=podcast)). You can also read a transcript of each episode.  
[Episode 71: "How can I help a friend in an abusive relationship?"](#)  
[Episode 72: "What are the warning signs of an abusive relationship?"](#)  
[Episode 73: "What happens when I call or text the Safe+Sound Somerset helpline?"](#)
- 2) Look over the Teen Power and Control Wheel and Equality Wheel [here](#).
- 3) Answer the questions below. All answers are found within the episodes and on the wheels.

### **TRUE or FALSE**

*For each statement below, write one answer.*

1. 1 in 3 teens will experience some kind of dating abuse before high school graduation.  
True or False? \_\_\_\_\_
2. Wanting privacy in a relationship means you have something to hide.  
True or False? \_\_\_\_\_
3. If you call or text Safe+Sound Somerset's helpline, your parents will be notified.  
True or False? \_\_\_\_\_

### **MULTIPLE CHOICE**

*For each question, write the letter or circle one answer.*

4. **Dating abuse is:** \_\_\_\_\_
  - a. An anger management problem
  - b. When one partner tries to gain power and control over the other
  - c. The target's fault
5. **A healthy romantic relationship should include:** \_\_\_\_\_
  - a. Equality between the partners
  - b. Privacy and respect
  - c. Extreme jealousy over time spent with friends
  - d. Needing to spend all free time together
  - e. A and B
  - f. A, B and D



**SHORT ANSWER**

6. If your friend is in an abusive relationship, does it usually help to encourage them to break up with their partner? Choose yes or no, and then explain your answer.

---

---

---

7. List at least 3 warning signs of an abusive dating relationship.

---

---

---

8. What is the number for Safe+Sound Somerset's call or text helpline?

---



**For more information:**

- Listen to all current Ask Ava episodes [here](#), released every Thursday.
  - Or type in this link: <https://www.safe-sound.org/ask-ava/>
- See our Teen Safety Planning Guide [here](#).
- Visit the Safe+Sound Somerset website [here](#) for more resources.
  - [www.safe-sound.org](http://www.safe-sound.org)
- Call or text our 24/7 helpline at **866-685-1122** for supportive listening, questions about an unhealthy relationship or sexual violence, and information about our free services. You matter and you deserve to be safe!