

# We Believe Survivors!

**You deserve to feel safe.  
You have the right to say “NO!”**



If you have experienced sexual violence, we can help.

**FREE and CONFIDENTIAL**  
services for adults and youth.

**24/7 Call and Text Helpline**  
**866.685.1122**

*Healing Begins Here!*

## **Sexual Violence is**

Sexual Assault  
Attempted Sexual Assault  
Rape  
Stalking  
Non-consensual Groping/Touching  
Indecent Exposure  
Non-consensual Taking or Sharing  
of Sexual Images  
Reproductive Control  
Unwanted Sexual Comments  
Comments About Gender or Sexual  
Orientation

**And It Can Happen To Anyone!**



***safe-sound.org***

