



## *A Pathway to Safety & Healing*



Supporting Survivors  
of  
Domestic and Sexual  
Violence

Services  
and  
Prevention

24/7 Confidential Call/Text Helpline  
**866-685-1122**

### About Us

Since 1978, Safe+Sound Somerset has been answering the call of domestic violence survivors through our 24/7 helpline – the first step in breaking free from violence and abuse, and achieving safety for many.

Beginning October 2021 we expanded our trauma-informed, evidence-based services to survivors of sexual violence, providing access to the same high-quality crisis intervention services.

**The experience of domestic or sexual violence can be isolating and scary. Our hope is to support all survivors - adults and children - in finding a pathway to safety, hope and healing. You are not alone. Please reach out to us for help.**

### Get in Touch With Us

PO Box 835  
Somerville, NJ 08876

908-359-0003  
[www.safe-sound.org](http://www.safe-sound.org)



Safe+Sound Somerset



SafeSoundSomerset



@SafeSoundNJ



Safe and Sound Somerset



# Our Continuum of Care for Survivors of Domestic and Sexual Violence

*Most of our clients end up using several - or even all - of our services. You may start out in one or two and be referred to others as you build safety and stability, and heal from the trauma of abuse.*

## Crisis Intervention

*For individuals seeking support, services or information during a crisis or anytime*

- **24-hour Call and Text Domestic Violence and Sexual Violence Helpline 866-685-1122**
- Emergency Safe House
- Domestic Violence Liaisons with DCP&P in Somerset and Hunterdon Counties
- Domestic Violence Reponse Team
- Sexual Assault Response Team



To access any of our services listed, call or text our confidential 24/7 helpline at **866-685-1122**. *If you are in danger, call 911.*

An advocate, someone with special training to help and support survivors, will listen to you, help you explore options, and plan for next steps.



## Advocacy

*Coaching, education and support in key areas to build stability*

- Legal Advocacy
- Financial Empowerment Center
- Domestic Violence Housing First

## Counseling

*Education, empowerment and healing for adult and child survivors of domestic abuse and sexual assault*

- Clinical Assessment - Explores client needs and goals for treatment
- Level I - Group and individual therapy to establish safety and lay the groundwork for trauma processing
- Level II - Trauma-responsive, evidence-based therapy for healing from trauma of abuse

## Outreach & Prevention

- Educational Programs, Workshops and Trainings - Information, skills and tools needed for survivors to access services and to support the prevention of future violence
- Capacity Building Programs - Partnering with professionals and organizations to minimize the trauma of domestic and sexual violence

## Volunteers

- 60-hour DV/SV Training for volunteers who will work directly with domestic and sexual abuse survivors
- Other opportunities available to support the organization at events, fundraising, and more for both individuals and groups without training requirement



*Our confidential services are provided at no cost to survivors, and are available in English, Spanish, and other languages as needed.*