

Love SHOULDN'T HURT

IF YOU ARE EXPERIENCING DOMESTIC ABUSE, WE CAN HELP.

We help adults and children who have experienced domestic abuse reclaim their power to build lives free from abuse.

All services are provided at no cost; no survivor is ever turned away. We welcome diversity in gender, role, ethnicity and culture, sexuality, economic background and more.



Domestic Violence (DV) can be physical, verbal, emotional, financial or sexual. A person uses force and threats, intimidation, humiliation, isolation, blame, guilt and gaslighting to gain and keep power and control.

866-685-1122 

The First Step

If you are in danger, call 911.

If you are in a safe place, call or text our confidential 24/7 call and text hotline.

A DV Advocate, someone with special training to help survivors of domestic abuse, will answer your questions, listen to your concerns, and help you create a Safety Plan. We will discuss options available to you and make referrals to our other services.

If you are not ready to call, you can find information about the warning signs of DV and help that is available to you at www.safe-sound.org.

Next Steps

Most of our clients end up using several - or even all - of our services. You may start out in one or two and be referred to others as you find safety and stability and heal from the trauma of DV. *Click program links for more info!*

[Emergency Safe House](#)

Shelter, safety and support for adults and their children who are at physical, emotional or other risk resulting from DV.

[Family Advocacy](#)

Support for client families includes education and building parenting skills, as well as helping to achieve a level of stability and security through referrals for food, clothing, transportation, healthcare and more.

[Legal Advocacy](#)

Legal advocates help survivors navigate the legal systems by understanding the process and their rights. We provide attorney referrals and support clients in court. We are not attorneys and do not provide legal advice.

[Financial Empowerment / DV Housing First](#)

Help with tools and strategies to building financial self-sufficiency through coaching and advocacy. Support for clients in obtaining safe housing and permanency.

[Counseling](#)

Individual and group counseling to help adult and child survivors heal from their experiences with DV.

Moving On

We hope that all survivors - adults and children - find safety, hope and healing for a life free from abuse. If, at any time, you are not thriving because of experiencing domestic abuse, please take **The First Step** and reach out to our confidential 24/7 call and text hotline for help.

CONFIDENTIAL
24/7 Call and Text Hotline
866-685-1122

