



Teen Relationships - Ask Ava Podcast Scavenger Hunt

DIRECTIONS

- 1) Listen to 3 short podcast episodes (click the individual links or visit <https://www.safe-sound.org/ask-ava/>):
[Episode 26: "What are the Warning Signs of an Abusive Relationship?"](#)
[Episode 1: "How to Help a Friend in an Abusive Relationship"](#)
[Episode 3: "What to Expect When You Call the Safe+Sound Somerset Hotline"](#)
- 2) Take a look at the Teen Power and Control Wheel and Teen Equality Wheel [here](#).
- 3) Answer the questions below. All answers are found within the episodes and on the wheels.

TRUE or FALSE

For each statement below, write or circle one answer.

1. 1 in 3 teens will experience some form of dating abuse before high school graduation.
True or False? _____
2. Wanting privacy in a relationship means you have something to hide.
True or False? _____
3. If you call or text Safe+Sound Somerset's hotline, your parents will be notified.
True or False? _____

MULTIPLE CHOICE

For each question, write the letter or circle one answer.

4. **Dating abuse is:** _____
 - a. An anger management problem
 - b. When one partner tries to gain power and control over the other
 - c. The target's fault
5. **A healthy romantic relationship should include:** _____
 - a. Equality between the partners
 - b. Privacy and respect
 - c. Extreme jealousy over time spent with friends
 - d. Needing to spend all free time together
 - e. A and B
 - f. A, B and D

SHORT ANSWER

6. If your friend is in an abusive relationship, should you tell them to break up with their partner? Choose yes or no, and then explain your answer.

7. List at least 3 warning signs of an abusive dating relationship.

8. What is the number for Safe+Sound Somerset's Call or Text Hotline?



For more information:

- Listen to all current Ask Ava episodes [here](#), released every Thursday.
 - Or type in this link: <https://www.safe-sound.org/ask-ava/>
- Want to "Ask Ava" your own questions about this topic? Send it in [here!](#)
 - https://form.jotform.com/Safe_Sound_Somerset/i-want-to-ask-ava
- See our Teen Safety Planning Guide [here](#).
 - <https://www.safe-sound.org/teen-safety-planning/>
- Visit the Safe+Sound Somerset website [here](#) for more resources.
 - <https://www.safe-sound.org/services/survivor-resources/>
- Call or text our 24/7 hotline at **866-685-1122** for supportive listening, questions about an unhealthy relationship, and information about our free services. You matter!